

Diagnostic Ultrasound

Diagnostic ultrasound is a quick and easy investigation that can be done at the same time as a consultation by one of the Sports Medicine Consultants. It allows very good images of superficial tendons, muscles and ligaments. It is particularly good for looking at the Patella & Achilles tendons, shoulders, knees and ankles as well as for diagnosing acute muscle tears. It can be used as part of the initial assessment and combined with the history and examination it is useful for making an accurate diagnosis of the problem. It can also be used to guide injections so that we can be confident that we have injected into the appropriate area. It can also be used to follow up and monitor the progress of the injury. It is quick, easy, painless and dynamic so that we can perform the ultrasound whilst moving the injured part of the body.